



The Ferndale Flash



Principal:

Mr. B. Hadfield

Vice-Principal

Mrs. D. Mikolic

Secretaries:

Mrs. C. Rees-Nelles

Mrs. V. Janzen

**UPCOMING
DATES**

Orange Shirt Day	OCT 1
Kindergarten Fluoride / Vision Screening	OCT 4
PD DAY (NO SCHOOL)	OCT 11
Thanksgiving Day (NO SCHOOL)	OCT 14
Cross Country	OCT 15
School Council Meeting	OCT 15
Cross Country Rain Date	OCT 18
Picture Retake Day	OCT 25
KB, KO, KR & IB to Pumpkin Patch	OCT 29
Halloween	OCT 31

From your Admin...

October 2019

We are off to a great start at Ferndale!

Our Meet-the-Teacher night was a big success, and generated great excitement and enthusiasm amongst the community. I look forward to carrying this momentum into the remainder of the school year, as we chart our course for learning together. Staff and students are already busy with their daily teaching / learning routines. Routines are important for children especially when they are starting something new. When students carry out their activities according to a schedule, they have a clearer understanding of expectations and their responsibilities. I encourage all students to focus on routines and schedules early in the school year, setting the tone for a productive school day. Arriving on time and having had a good breakfast is the first part of an effective daily schedule. It's also important to plan for fun activities in your schedule. Establishing a balance between academic work, physical activity and other personal interests is an important part of growing up. We encourage our students to pursue a variety of activities both at school and in the larger community. This balance helps to establish a broader experience base for students to draw from when expanding and applying their learning. Most importantly, these activities provide a healthy learning environment for developing social skills.

Mrs. D. Mikolic

Professional Activity Day



A professional activity day is scheduled for Friday, October 11th, when staff will be working hard on School Improvement Planning. Students will not attend school on Friday October 11th and there will be no school on Monday October 14th for Thanksgiving Monday. Students will return to school on Tuesday, October 15th. We wish everyone an excellent long weekend!

FERNDALE BREAKFAST PROGRAM



We welcome a breakfast program at Ferndale five days a week! Volunteers run the program in the morning and it is open to all students in grade 1-8 starting at 8:30 AM. Any students needing additional food to start their day are most welcome to join us! Please just have them come through the back doors and head to the breakfast club room. We offer things such as fruit, yogurt, granola bars and even sometimes eggs and pancakes. We serve 3 food groups every morning and follow a series of nutritional guidelines.

WHEN TO KEEP YOUR CHILD AT HOME?

With the cooler weather comes the flu and cold season, some of the symptoms may include the following,

- Vomiting, Diarrhea or Nausea
- Fever or Chills (temperature of 100°F / 37.8 °C or more)
- Cough or Sore Throat
- Sneezing, Nasal Congestion or Runny Nose
- Red or Pink eyes
- Stomach Ache or Body Aches
- Headache or Fatigue
- Hoarseness, Chest pain or Shortness of Breath



If your child portrays any signs or symptoms of being unwell, either the night before school or the morning of, please keep the student home until they are symptom free for 24 hours. We appreciate your help in trying to keep the classrooms germ free.

ATTENDANCE, APPOINTMENTS, EARLY DISMISSAL

Thank you to everyone who has been using the Safe Arrival system to report absences and lates for their children. It is very helpful to Ms Rees and Mrs. Janzen, ***Please note that the Safe Arrival system is available 24 hours a day, 7 days a week for your convenience to report your child's absence.***

Also we strongly encourage you to ***please use your child's agenda*** to communicate appointments, early dismissal or alternate arrangements with your child's teacher instead of calling the school, whenever possible.

If an unforeseen circumstance comes up and alternate end of the day arrangement needs to be communicated to your child, please try to ***call the school before 2:30 PM.*** This allows the office staff enough time to locate and communicate to your child in a timely fashion.

Instructional time for student is extremely important. Please note that if any items or messages are needed to be given to the students, we will try our best to give them to the students just before first and second break only.

SCHOOL CASH ONLINE

School Cash Online

Paying school items just got easier!
Sign up to get started today.

What is School Cash Online?

School Cash Online is an easy to use, safe way to pay for your children's school fees.



Get Started Today

Sign Into Your Account

We will be using School Cash Online for **ALL payments**. Once you have registered, you will receive email notifications for items that are available for you to purchase (ie. Trips, pizza, spirit wear etc) and reminders when the item is about to expire. If you are new to Ferndale coming from another DSBN school, your previous login information is still valid. If you are new to school, have not previously signed up or are coming from another board you will be required to register.

Go directly to the website <http://ferndale.dsbm.org> (or hold ctrl and click on the link)

1. Click on the Cash Online icon on the top right hand corner (Please note: Internet Explorer is the most effective internet browser for Cash Online). 2. Create a profile for yourself (Parent/ Guardian). 3. Attach your student(s) to your profile (date of birth & legal name required). If you need any assistance or internet access please see Ms. Rees or Mrs. Janzen in the main office.

PARKING LOT SAFETY

Ferndale Public School is a community school and we encourage students to walk to school. This will minimize the traffic concerns and promote physical activity. If you absolutely must drive your child to school or pick-up your child at the end of the day, please use caution when doing so. Following are some parking lot safety tips:



- Give the right of way to pedestrians
- Do not stop in the entry area to let passengers out, To ensure safety in our parking lot, please pull completely into a parking spot before allowing your child to exit the vehicle.
- Do not park in the fire or bus lanes
- Do not leave the car unattended with engine running.
- Be patient and courteous
- When walking your child to school, please avoid walking through the parking lot. Please enter the school grounds through the gates provided.

HALLOWEEN DANCE

We will be having our Halloween dance on Friday, October 25th, from 6 to 7:30 p.m. As always, there is no cost for admission, however donations would be greatly appreciated. All donations are going directly towards playground repairs, as unfortunately the playgrounds have been deemed unsafe and have been closed until repairs are completed.

Do you have any gently used Halloween costumes that your kids have outgrown? Are you looking for a costume for this year? Bring your old costume and swap for a different one! We will be doing the swap at the Halloween dance on Friday, October 25th!



HEAD LICE

HEAD LICE (PEDICULOSIS) FACT SHEET

Head lice are small insects that live on the scalp, cause itching and spread by head to head contact. They do not spread disease, and anyone can get them. They are more common in children as their heads often touch when they play together. They may also be spread through objects like scarves, brushes, head phones, hats and helmets. A full course of treatment and avoiding close head-to-head activities are recommended. There is no medical reason for excluding a child with nits from school or child care.

What to Look For: Head Lice

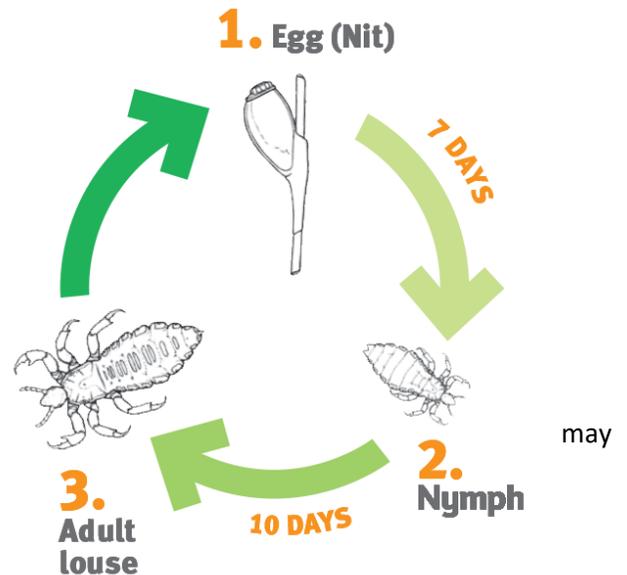
- Tiny wingless insects
- Crawl and do not jump or fly
- Size of a sesame seed and can be difficult to see
- Greyish-brown in colour

Nits (eggs of the louse):

- Nits attach to the hair shaft very close to the scalp
- Size of a grain of sand
- Brown in colour when alive, white when dead or hatched
- Do not come off easily. Hatch in about seven days.
- Nits more than 1 cm from the scalp are dead or hatched or be dandruff.

Where to Look:

Lice or nits are found close to the scalp, particularly around the ears, at the back of the neck and forehead. Use a bright light and magnifying glass if available. Part and comb wet hair into small sections to help you see lice and nits better. If you only find nits, look closer for live lice. If lice and nits are present, act quickly and treat both.



How to Get Rid of Head Lice

Head lice treatment

Start lice treatment if live lice are found or if nits are less than 1cm from the scalp. Your pharmacist can help you choose a head lice product. You do not need a prescription. Read the list of ingredients and use only as directed. Most products require two treatments. The first will kill the head lice but not all nits. The second treatment, given 7 to 10 days after the first, will kill the nits that have hatched. Do not use conditioner or a 2-in-1 shampoo after treatment. Daily nit removal between treatments and hair combing are essential to get rid of head lice successfully. If you see live lice 48 hrs. after the second treatment, contact your physician.

Nit treatment

Daily nit removal and hair combing are keys to getting rid of head lice. After head lice are treated, removing the nits can help to prevent a new infestation. Even with careful nit picking some live nits can be missed. Children may return to school or child care facility even if nits still remain in their hair. To remove nits, use a bright light and part hair into small sections. With a fine-toothed nit comb or your fingernails pull the nits from the hair strands starting at the roots down to the tips. This is easier when hair is wet. Wipe the nits onto a tissue and place in a bag for disposal. After treatments, wash your hands with soap and water and soak the comb in hot water.

HEAD LICE

Alternative head lice treatment

Household products such as mineral oil and vinegar, petroleum jelly, mayonnaise and hair gel have been used to treat head lice. These methods have not been proven to work. Applying these products is thought to plug the holes through which the lice breathe. These products may be even less effective if only nits are present. As per the Canadian Paediatric Society, using flammable, toxic and dangerous substance like gasoline or kerosene to treat head lice or using products intended for treating lice in animals are not recommended under any circumstances.

Check all close contacts

If one person in the family has head lice, it is possible that other family members will also have them. Tell your child's school, day-care, and children's groups (i.e. sports, clubs, etc.) so other parents can check their children's hair. An untreated source among close contacts is a common reason for getting head lice again. It is important that all individuals who have head lice be treated at the same time.

Cleaning personal items

Head lice do not survive more than 3 days away from the warmth and humidity of the scalp. Nits will hatch in 7 to 10 days. Wash combs, brushes and hair accessories with hot, soapy water until all lice or nits are removed. Then soak them in very hot water for 10 minutes. Wash clothing, bed linens and towels in hot soapy water then put them in a hot dryer for 15 minutes. Items that you cannot wash such as blankets, coats and stuffed animals, can be put in a plastic bag for 14 days. Avoid sharing hair brushes while undergoing treatments. Extra house cleaning is not needed. Do not use insecticide sprays. Consult your doctor about treatment if:

- you are allergic to any of the ingredients
- you are pregnant or breastfeeding
- treating children under two years of age
- treating someone with a seizure disorder
- treating lice on eyebrows, eyelashes or beard
- the skin of the scalp is broken or infected
- the head lice infestation persists after the first two treatments

How to prevent the spread of head lice

Check your child's head daily during lice outbreaks when advised by your school or child care facility.

Teach your child not to share personal items that are used on their head such as brushes, combs, barrettes, headbands, elastics, towels, hats, helmets, toques, and scarves.

More information: <https://www.niagararegion.ca/health/schools/headlice/parents.aspx>

If you have further questions about head lice, call Niagara Region Public Health at 905-688-8248 or 1-888-505-6074 ext. 7555.



REMEMBER
ONCE A WEEK,
TAKE A PEEK

FERNDALE ANNUAL VENDOR FAIR

Ferndale's Parent Council have been working very hard getting prepared for the annual Vendor Fair, which is being held here at Ferndale School on Saturday November 23rd 2019 from 10:00 AM until 3:00 PM. Admission to the vendor fair is a non-perishable food item. Please support your school and stop by to see all the wonderful items and services being offered.

Registration is now open for crafters and vendors! Spaces are only \$30! (you provide your table) Please send e-mail to ferndale.parentcouncil@gmail.com to get more information or a registration form.

PIZZA DAYS / MILK / TRIPS

We are strictly school cash online for ALL payments this year. This was communicated through emails, newsletters and blazecast voice calls at the end of last year to help get everyone set up and ready for this year. This includes all payments including trips, spirit wear, pizza etc.

Pizza will be available for purchase either by week or you can purchase for the entire month. We no longer offer pizza to be purchased the day of; all purchases must be completed by the Wednesday before each pizza day on **SchoolCash Online ONLY**.



LUNCH HOUR SUPERVISOR NEEDED



Here at Ferndale we have amazing Noon Hour Supervisors that help with supervision during our nutrition breaks. At times they may not be able to come in for supervision, we are looking for someone to come and fill in for our noon hour supervisors. If this sounds like something you may be interested in, please contact our school for more information.

FROM MS GOLLAN

Check out Ferndale's Youth Counsellor's Twitter, <https://twitter.com/MissGollan> for updates on your child's Social & Emotional Learning as well as tips, tools and resources for stress management and emotional regulation for both you and your child!



ME TO WE



The Me to We club is organizing a socks/gloves/hats/scarves drive for homeless people in the Niagara Region. The homeless population is growing and in need of these items. Please consider picking up a pair of warm socks or gloves, maybe a hat or scarf and sending it to school with your child. Thank you.

FIRE PREVENTION WEEK

You are invited to attend our Fire Prevention Week open house!

\$3,000 in prizes available courtesy of RONA

**Sun. October 6, 2019
10:00 am - 2:00 pm**

Any Fire Hall in St. Catharines!

64 Geneva Street
285 Pelham Road
149 Martindale Road

190 Linwell Road
427 Merritt Street
465 Scott Street

**Come and meet the firefighters who help protect your community!
EVERYONE WELCOME!!**

**For more info. contact the Fire Prevention Office
Monday – Friday 8:30 am – 4:30 pm
905-688-5601 ext. 4221**

